

Ischia insider guide

Practical Information

- Supermarkets: SuperChiocca (5 min walk) <https://share.google/VXWWeBbPb7HU2j8Nd>, Conad (10 min walk) <https://share.google/z4xZIYF4wydHqj8hu>
- Pharmacies: Sant'Anna (15 min walk) <https://share.google/01E1C71AyPD3RzO1r>, Farmacia del Porto (25 min walk) <https://share.google/TPzEkX0mGqsFPxImh>
- Parapharmacy Il Pettiroso – open every day (Michele Buono pharmacist and owner +39 333 882 6438, 20 min walk) <https://share.google/Jod9gSh0pRdhi9uGC>
- Banks:
 - BPER Banca <https://share.google/TaUaArEE9VpEhMkf3>
 - Montepaschi <https://share.google/tbF0ON18B6YpzhaFM>
 - Intesa Sanpaolo <https://share.google/rwTTkqu93TS0wITXN> (all in Ischia Porto)

□ Eat & Drink in Ischia, like a true local

Pubs & Bistros (for a drink or a casual evening)

- **Cappuccino Bistrò** – breakfast, quick lunch, aperitif, tapas and informal atmosphere (Gianni +39 393 3953674) perfect for aperitivo
- **Bar Pub Pirama** – the famous “Zingara Ischitana” sandwich (Mina Iapino owner 3490988594)
- **Porto 51** – Zingara Ischitana (also with rabbit), modern tapas and cocktails with port view (Miriano +39 3934293799)
- **Divino Bacco** – Ischia Ponte (on the left of Mario Mazzella’s art gallery) bruschettas, typical sandwiches and local wine (Carletto 081 1952 2999)
- **U Paravis** – in Forio, after the “Scoglio degli Innamorati”, for an aperitif with sunset view
- **Giardini Ravino** – inside one of the most beautiful cactus gardens in Europe (animated by peacocks and bunnies hopping among giant cacti and mirtillocactus, you can sip a cocktail with sunset view)

□ Casual & Easy Dining

- **Il Giardino di Enzo** – near the Alilauro ticket office at the port (Enzo Grassi owner 9932749520)
- **Pizzeria del Corso** – in Casamicciola, near the Topless bar (Conni Testa owner +39 339 1182686)
- **Bisboccia** – young atmosphere, simple dishes (340 331 5790)

- **Portobello** – good cuisine – Riva Destra area (Daniela: 081 1921 1998)

□ **Seafood Restaurants**

- **Cocò (Ischia Ponte)** – historic and traditional, with a view of the Aragonese Castle (081 981823)
- **Un Attimo di Vino** – Riva destra porto d’Ischia– wine bar, very fresh fish, cozy atmosphere
- **Crù Ittioteca** – in the center of Ischia, Via Roma area
- **Saturnino (Forio)** – gourmet cuisine on Forio’s port
- **Umberto a Mare (Forio)** – gourmet cuisine by the sea, beneath the Church of Soccorso in Forio
- **Season (Forio)** – on Chiaia beach
- **Il Gabbiano (Forio)** – on Citara beach
- **Guarracino** – by the sea inside the Castiglione Thermal Park
- **La Pace alla Sgarrupata** – on the pebble beach of Sgarrupata bay, accessible only by sea
- **La Lampara** – on the terrace of Hotel Miramare e Castello in Ischia Ponte, excellent chef Ciro Calise who manages the property with his wife Anna
- **The Monastery Restaurant** – on the Aragonese Castle, one of the most romantic places in the world, excellent cuisine, the chef uses genuine products from the Castle’s garden
- **Belvedere Restaurant** – the gourmet restaurant of Hotel Excelsior, where chef Antonio Scotti offers a subtle reiteration of the traditional cuisine of our island

□ **Pizzerias**

- **Lisola** – special pizza (various types created by Maestro Ivano Veccia), with an amazing sunset view in front of the “Scogli degli Innamorati” in Forio (Ivano Veccia +39 334 5734856)
- **Di Meglio (San Francesco)** – small pizzeria with excellent pizza
- **Dortas** – near Ischia’s Piazzetta, modern place
- **Il Giardino di Enzo** – also excellent pizzeria

□ **Traditional Atmosphere**

- **La Vigna di Alberto** – very characteristic restaurant inside an old cellar, outdoor tables under a grapevine pergola, fantastic “pasta e patate”.
- **Il Giardino Mediterraneo** – you go up with a pulley lift, typical cuisine and breathtaking 180° view between Ischia Porto and Ischia Ponte (Francesca owner +39 335 1319722)
- **Cantina Raustella** – lunch or aperitif in a unique cellar decorated with antiques, stunning chandeliers along the path leading to the restaurant, only by reservation, in Serrara Fontana on the slopes of Mount Epomeo (Francesco Mattera owner 3317848052)

- **Cantine Mazzella** – local wine tastings (winners at Vinitaly with “Vigna del Lume” – Vera Mazzella owner 3286529782)
- **Tenuta Malvisiello** – typical cuisine immersed in greenery (+39 331 442 2925)
- **La Grotta da Fiore** (Monte Epomeo) – the true Ischitan rabbit with french fries directly from the garden (20 min uphill walk)
- **Il Braconiere (Epomeo)** – traditional dishes with breathtaking views
- **Il Focolare** – renowned for “Coniglio all’Ischitana” (Ischitan rabbit) and meat (featured in Stanley Tucci’s video)
- **Agriturismo da Gioacchino** – typical farmhouse in Buonopane, Nitrodi thermal area, Barano d’Ischia. You dine at the owner Gioacchino’s home. His wife cooks spectacular rabbit raised directly by them (Gioacchino +39 338 8620172)
- **Il Pescatore** (Sant’Angelo) – famous for desserts, located in the center of Sant’Angelo’s main square
- **Il Pirata** (Sant’Angelo) – characteristic atmosphere, typical dishes
- **Pietropaolo** known as Stalino – on Maronti beach, Cavascura, famous for chicken and fried “graffe” (doughnuts)

☐ Thermal Parks

- **Negombo** (Lacco Ameno) – beach and beautiful gardens designed by Ermanno Casasco with contemporary sculptures immersed in the greenery
- **Poseidon** (Forio) – the first and largest thermal park in Ischia (Andrea Albano director 3491221452)
- **Terme di Nitrodi** (Barano) – the oldest thermal springs in the world, whose waters have various healing properties (for psoriasis, scars, etc.); natural showers and small pools, immersed in nature and distributed across terraces overlooking the sea.
- **Castiglione** (Casamicciola) – thermal park located next to Hotel Continental Mare, before reaching Casamicciola, with ten thermal and seawater pools set in a bay (to the right of Villa Berkeley).

☕ Coffee & Sweets

- **Cocò** (Ischia Ponte) – the best coffee on the island, with a view of the Castle
- **De Maio** (Ischia Porto) – excellent espresso, central location on the port, in front of Ischia Town Hall
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Ischitan croissant (Cornetto Ischitano):

- **Gran Caffè Vittoria** (Ischia Porto)
- **La Dolce Sosta** – the best “graffa” (fried doughnut) on the island

Experiences

- **Ischia Hiking** – trekking and authentic excursions (Marianna Polverino 3392778119)
- **Cantine Mazzella** – local wine tasting
- **Vini d’Ambra** – tasting at the Piromallo estate and vineyard tour (Andrea d’Ambra 3292984099)
- **Ischia Adventure Park** – adrenaline and nature in the adventure park located in the Fiaiano pine forest (for info Enrico 3313803883)
- **Andar per Cantine** – from 18th september since 5th october – www.prolocopanza.it
- **Ischia Safari** – 20/21 settembre parco del Negombo – street food in Negombo – 300 chefs all together – Charity dinner at Regina Isabella – www.ischiasafari.it
- **Festa di San Michela Arcangelo - 29th september Sant’Angelo** - fireworks

Beach Clubs

- **Ricciulillo** – lunch & beach, Castle view, located in Punta Molino area between Il Moresco and Excelsior, good cuisine (open only during the day, exceptionally on Saturday nights), perfect for a quick swim and lunch, even lying on your sunbed.
- **Da Nicola alle Fumarole** – very popular with VIPs, located on the famous hot Fumarole beach (under the sand you can usually cook chicken, eggs, etc.); remarkable appetizers and first courses and the famous tarts by Adele, one of the owners.
- **Giardino Eden** – a bit like “Il Riccio” in Capri; their specialties are grilled mussels and raw seafood! Very romantic in the evening, with table number seven directly by the sea! You can reach it by boat from Ischia Ponte or from Miramare e Castello, passing under the pier of the Aragonese Castle and crossing the rocks of Sant’Anna below the Michelangelo Tower.
- **Cocò Beach** – in the bay of Cartaromana, with Castle view, perfect for a swim among the rocks of Sant’Anna.
- **RENA** – DJ set and sunset aperitif on Maronti beach, young crowd and Balearic vibes.

Ice Cream

- **Ice da Luciano** (Ischia Ponte village) – historic and beloved

- **Di Massa** (Casamicciola main street) – dense flavors and excellent artisanal gelato
- **Gasparotto** (Lacco Ameno main street) – gelato with natural ingredients and typical Ischitan flavors like wine & peach, red cherry tomato, basil & rustic bread, figs

☐ **For a Swim like a True Local**

- Swim below the Castle at Ischia Ponte – below Hotel Antonio or under the Castle, small pebble beach of the old Castle bar
- Swim below the ancient Palazzo Malcovati – dives and transparent sea, small bay behind the pharmacy in Ischia Ponte
- Free beach at La Mandra – where the small Church of the Assunta and Punta Molino prison are located (filming location of The Talented Mr. Ripley)

☐ **Procida – a Day Trip (where to eat and what to visit)**

- **Da Crescenzo** – fresh fish at Chiaiolella
- **La Lampara** – the best in Procida, in the port of Corricella

Not to be missed:

- The Abbey of San Michele in the highest and fortified part of the village
- The Casale Vascello group of fortified houses
- The Corricella, a fishermen's village with rows of colorful houses and small terraced buildings cascading down the slope